



# How is Academia Successfully achieving a patient-centric approach to research & teaching

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# Academia and EUPATI: Achieving Meaningful Patient Public Involvement in research and education

**Patients & public have an increasing key role in all aspects of health-related research**

- ❑ DENMARK: University of Copenhagen
- ❑ BELGIUM: EORTC – Brussels
- ❑ UK: Universities of Leeds, Manchester and York



# Biopeople/University of Copenhagen The Patients' Academy:

- Biopeople/University of Copenhagen's initial role in EUPATI was “*just*” course content development.



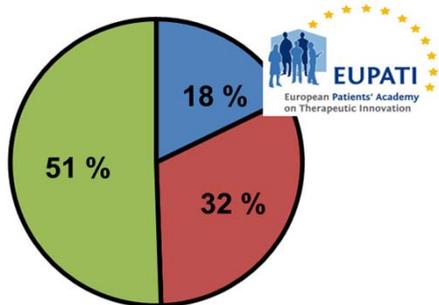


## Biopeople/University of Copenhagen perspective on EUPATI and PPI

- ❑ A huge DK interest grew in EUPATI.
- ❑ A Danish ENP has been established and several local events focusing on “patient engagement” in medicines R&D had been organised.
- ❑ In January 2016 ten topics were translated into Danish and now the whole toolbox will be translated (originally no plans for ENP and Toolbox in Denmark).
- ❑ Biopeople was co-supervisor on a bachelor project; “Patients-positions and power” by Lotte Klim (Chairman of the Danish ENP)
- ❑ Biopeople got funding for ***Biomarkers as an emerging growth area***: The objective is to support the cross disciplinary biomarkers field and to **involve end users /patients** together with pharmaceutical R&D and information technology (ICT).

## Key Danish activities

- 1) *Why patient involvement in medicines R&D to obtain better treatments (2014)*
- 2) *Patient involvement in medicines development and approval; Paradigm shift towards true patient impact in regulatory science (2015) (**Proceedings published** in *Therapeutic Innovation & Regulatory Science*, 2016)*
- 3) *EUPATI TOOLBOX & Patient involvement in developing new medicines (2016).*
- 4) *Biomarkers as an **Emerging Growth area in Denmark** (2016) (whole session about patient/user perspective) (**Pixie book published**)*
- 5) *Biomarker AGORA (**6 patient organisations had booths and exhibited activities linked to biomarkers**) <http://www.bioagora.dk>*
- 6) In preparation: ***Patient involvement in medical research in Denmark** (in collaboration with anthropologist and including participation of INVOLVE)*



Distribution of participants; (blue) patient organisations, (green) academic and public institutions and (brown) private companies.

Altogether **191 participants** attended the first 3 events listed above



## Future Danish activities

- ❑ Scandinavian collaboration expansion of Danish ENP in tripartite manner
- ❑ EUPATI DK plans for new collaboration with biobanks to educate about the use of biobanks in medicines R&D..
- ❑ January 2017 the Danish Medicines' Agency establish a new Medicines' Council that will include patients.
  - EUPATI DK has approached the agency to contribute patient education for patient members of the council & other agency committees



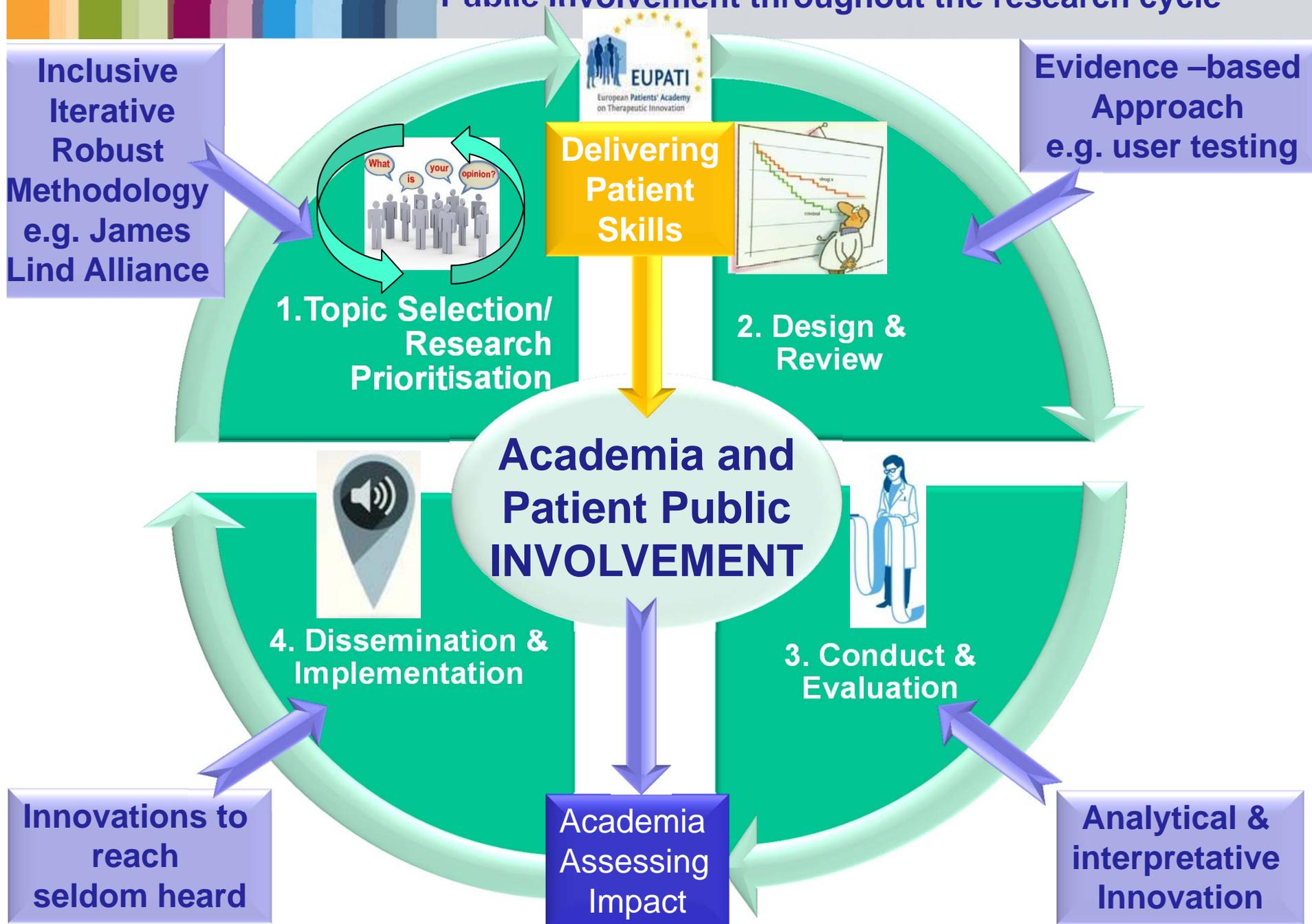
**Two Danish EUPATI Fellows**



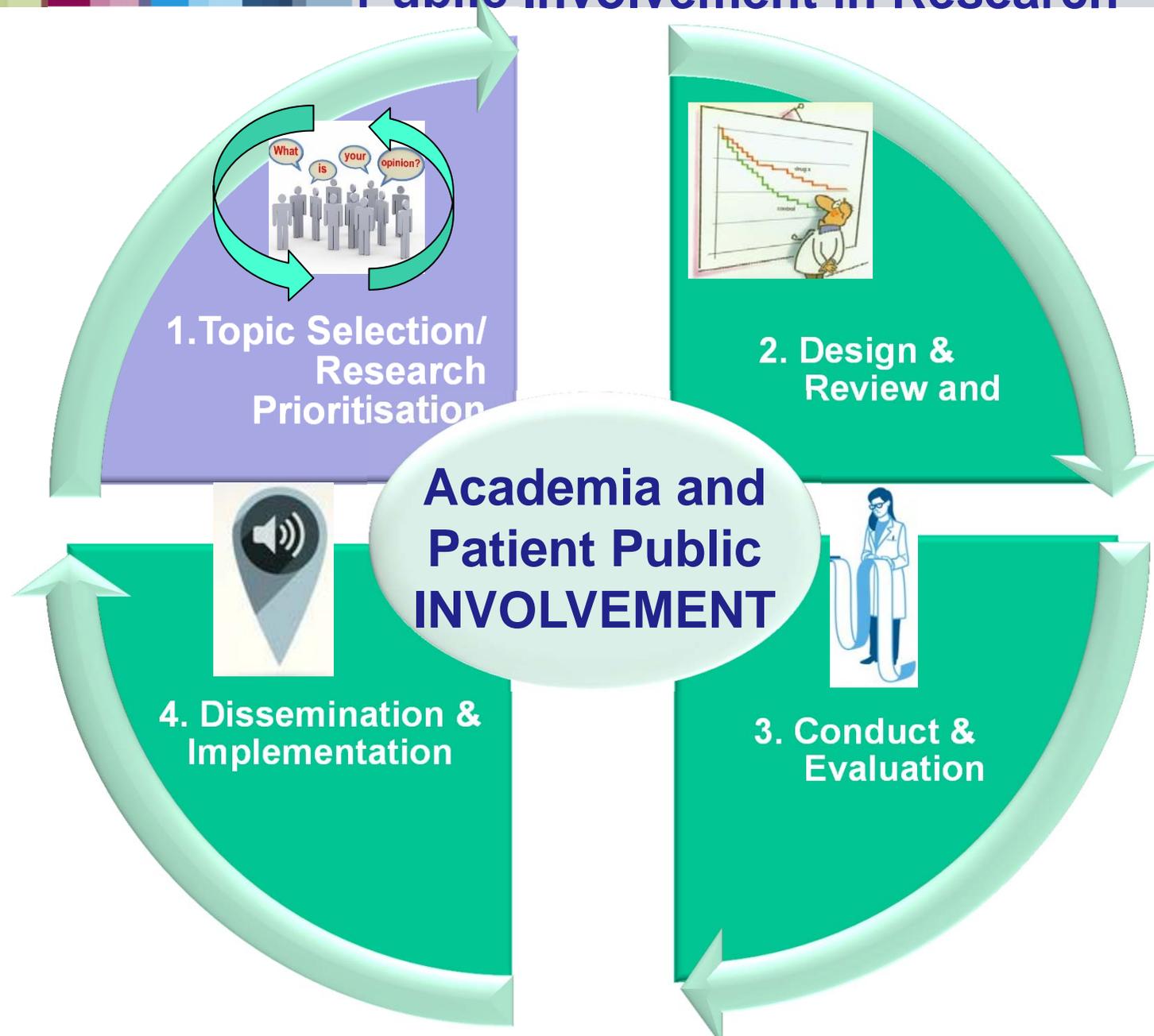
**EUPATI: Collaboration between patients, academia and industry to champion the informed patient in the research and development of medicines**  
 Daphnee S. Pushparajah<sup>1\*</sup>, Jan Geissler<sup>2</sup> and Niels Westergaard<sup>3</sup>  
<sup>1</sup>UCB Pharma, Slough, UK  
<sup>2</sup>European Patients' Academy on Therapeutic Innovation, Brussels, Belgium  
<sup>3</sup>Biopeople, University of Copenhagen, Copenhagen, Denmark

**A Paradigm Shift Towards Patient Involvement in Medicines Development and Regulatory Science: Workshop Proceedings and Commentary**  
 Commentary  
 Gitte Borup, MSc, Pharm<sup>1,2</sup>, Karin Friis Bach, MSc, Pharm<sup>1,2</sup>, Merete Schmiegelow, MSc, Pharm<sup>1</sup>, Helle Wallach-Kildemoes, PhD<sup>1,3</sup>, Ole Jannik Bjerrum, DMSc, MD<sup>1,4</sup>, and Niels Westergaard, PhD, DSc, Pharm<sup>1,3</sup>  
 Therapeutic Innovation & Regulatory Science  
 1-8  
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 DOI: 10.1177/2168479015622668  
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 DIA DEVELOP INNOVATE ADVANCE

# Academia and EUPATI: Achieving Meaningful Patient Public Involvement throughout the research cycle



# Academia examples of Meaningful Patient Public Involvement in Research



# 1. Topic Selection/ Research Prioritisation

## EUPATI Driving Academic Assessment of public involvement in medicines R&D

University of Manchester Drs Bella Stirling & Suzanne Parsons



Review of existing information resources; 230 resources reviewed.

Review of research literature; 12600 titles and abstracts; 134 studies included

**Public** survey; 6931 responses in GB, Spain, Poland, Italy, France and Germany

**Patient advocate** survey; 468 responses across Europe

**Patient advocate** survey focused on course delivery; 41 responses

Qualitative research with **patients and the public**; n=125 people

Qualitative research with **stakeholders**; n=56 (incl. policy makers, pharmaceutical industry, clinical research professionals)

Downloaded from <http://bmjopen.bmj.com/> on April 18, 2015. Published by group.bmj.com

Open Access

Research

### BMJ Open What the public knows and wants to know about medicines research and development: a survey of the general public in six European countries

Suzanne Parsons,<sup>1</sup> Bella Stirling,<sup>1</sup> Christine Mullan-Jensen,<sup>2</sup> Su-Gwan Tham,<sup>3</sup> Kay Warner,<sup>4</sup> Kim Wever,<sup>5</sup> on behalf of the Needs Assessment work package of the European Patients' Academy on Therapeutic Innovation (EUPATI) Project

To cite: Parsons S, Stirling B, Mullan-Jensen C, et al. What the public knows and wants to know about medicines research and development: a survey of the general public in six European countries. *BMJ Open* 2015;9:e006420.

#### ABSTRACT

**Objectives:** To explore public knowledge of, and interest in, learning more about medicines R&D in six European countries.

**Design:** Online survey of 6931 members of the public across Europe.

**Methods:** The survey formed part of a public omnibus survey. A quota sampling approach was used with

#### Strengths and limitations of this study

- The survey used a robust quota sampling method which ensured that a good cross-section of the adult population in each country was covered.
- Findings are mainly generalisable to Western Europe, as the only Eastern European country

# 1. Topic Selection/ Research Prioritisation



## PUBLIC VIEWS ON MEDICINES DEVELOPMENT

Exploring attitudes, beliefs, knowledge and interest ACROSS EUROPE

In 2013, we asked 7,000 adults aged 18 years and over in select European countries about their attitudes towards, beliefs about and interest in learning more about the medicines development process as part of the groundwork for EUPATI.

### RESEARCH PARTICIPATION



8%

### CURRENT KNOWLEDGE



#### HIGHEST

1. Medicines safety **25%**
2. Drug discovery **22%**
3. Clinical trials **22%**



#### LOWEST

1. Patients' roles and medicines regulation **18%**
2. Medicines R & D **16%**
3. Pharmacoeconomics **15%**

### INTERESTED IN LEARNING MORE



1. Medicines safety **50%**
2. Personalised medicine **47%**
3. Predictive medicine **47%**

### LESS INTERESTED IN LEARNING MORE



1. Pharmacoeconomics **33%**
2. Medicines regulation **36%**
3. Clinical trials and patients' roles **39%**

### INFORMATION SOURCES

#### TOP THREE



59%



59%



52%

#### BOTTOM THREE



15%



20%



21%

### FAVOURED INFORMATION PROVIDERS

Doctor or other medical practitioner

University / academic institution

Patients' organisation



70%



41%



40%

### LESS FAVOURED

Family member, friend or colleague

Journalist or news organisation

Public-private partnership



23%



20%



15%

## EUPATI Driving Academic Research:

### Understanding public views of medicines R&D across Europe identified

- Low knowledge of R&D
- Willingness to know more
- Support for more information from patient organisations, academia and medical professionals

# 1. UK Academic-led Patient-Centric Research Prioritisation

**UK National Funders Driving Academia Partnership with Patient Advocacy Delivering Methodological Rigor and Robust Framework for PPI in prioritisation of medicines R&D**



**James  
Lind  
Alliance**

Priority Setting Partnerships



**THE COCHRANE  
COLLABORATION®**

- ❑ Identify and prioritise treatment uncertainties which they agree are the most important for research
- ❑ JLA, brings key stakeholders i.e. patients, carers and clinicians together
- ❑ Goal to identify “Top 10” to ensure that researchers, and those who fund health research, are aware of what matters to both patients and clinicians.
- ❑ Funded by the National Institute for Health Research (NIHR)
- ❑ Literature reviewed and evidence gaps identified and research prioritised

# James Lind Alliance Patient-Centric Research Prioritisation



James  
Lind  
Alliance

Priority Setting Partnerships



*“The idea of bringing together clinicians, academics, patients, public and carers to discuss research priorities seems obvious – why shouldn’t all those affected have a chance to jointly discuss frustrations about the things we don’t know, and aspirations for the future?”*

***Richard Boards PPI Advisor involved in the Dental & Oral Health JLA Priority Setting Partnership***

# JLA and Multiple Sclerosis



JANUARY/FEBRUARY 2014  
www.mssociety.org.uk

## Research Matters

The latest developments, innovations and achievements in MS research

### Key document downloads



[MS PSP Protocol \(pdf\) \(0.11 MB\)](#)



[Example of MS Interim Survey \(pdf\) \(0.30 MB\)](#)



[MS PSP Poster \(pdf\) \(0.54 MB\)](#)



[MS PSP Top 10 announcement \(pdf\) \(0.57 MB\)](#)



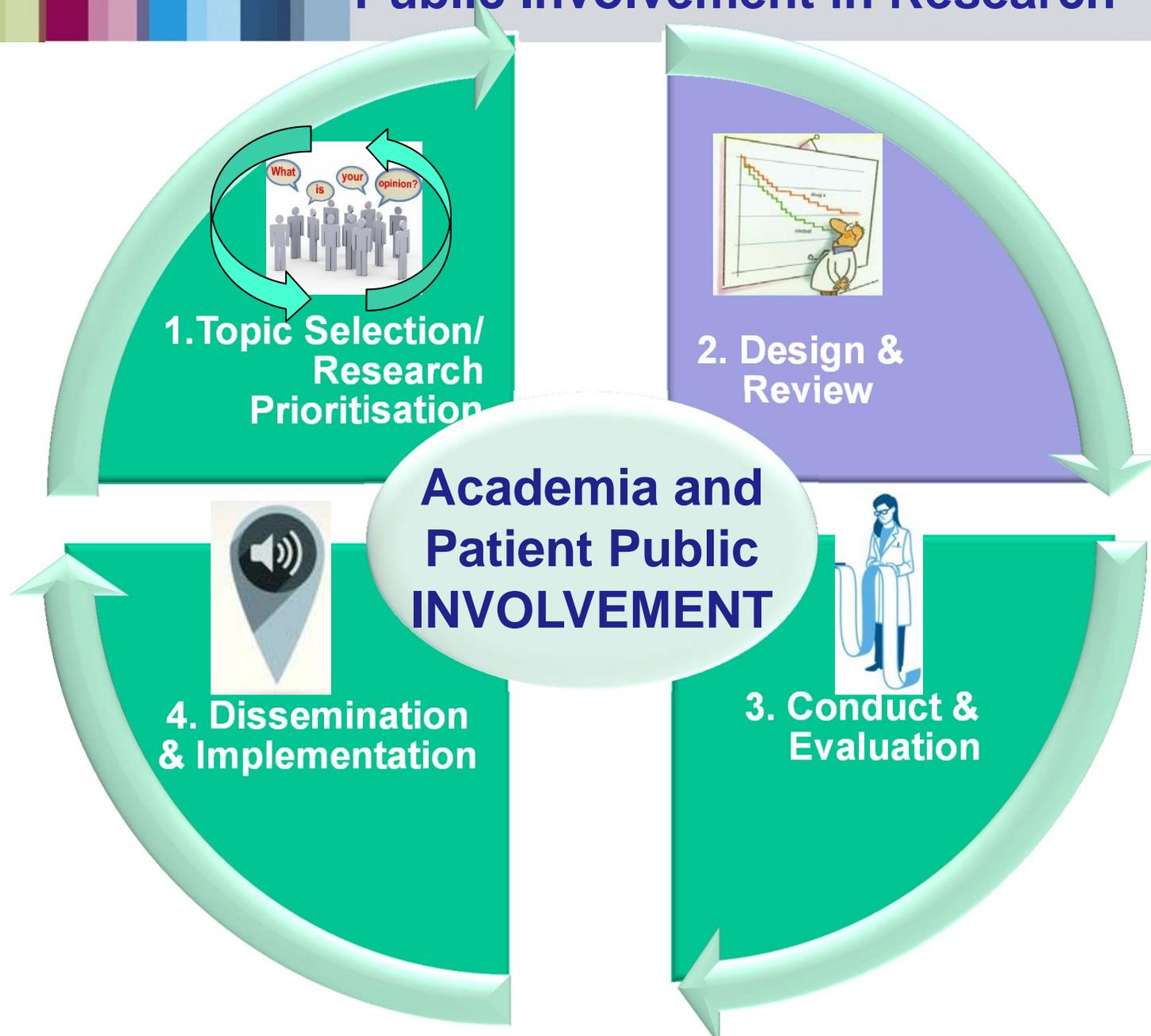
[MS Research Matters Newsletter \(reproduced with kind permission of the MS Socie](#)



[Multiple Sclerosis PSP data sheet of uncertainties \(pdf\) \(0.04 MB\)](#)

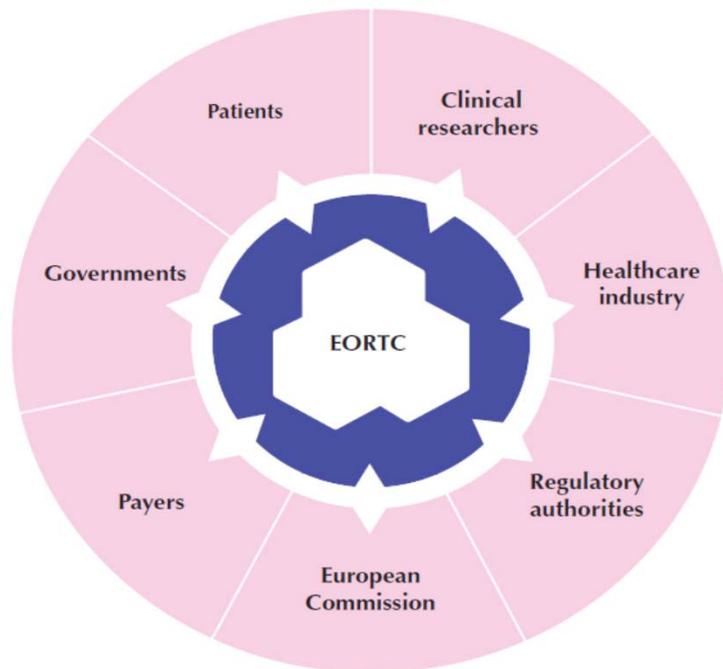


# Academia examples of Meaningful Patient Public Involvement in Research

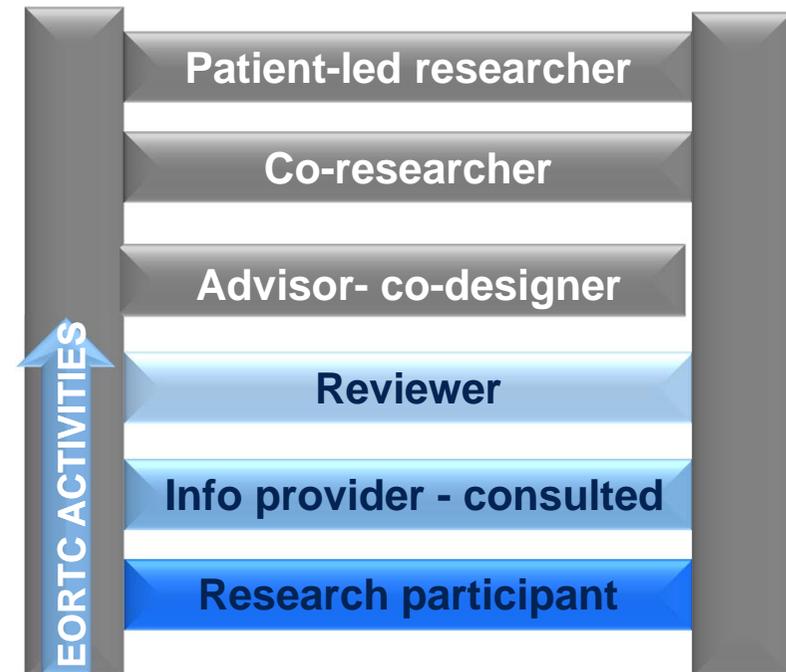


## 2. Review & Design of Research

Anastassia Negrouk &  
Stéphane Lejeune  
EORTC, Belgium



EORTC experience with  
patient involvement in  
clinical research activities



Academic & Clinical Research

# EORTC TODAY

- A private and non-profit cancer research organisation founded in 1962
- Headquarters based in Brussels, Belgium
- Core activities are related to the design and conduct of clinical trials across a Pan-European Network



- ❖ **46 trials open to patient entry, 207 active trials**
- ❖ **18 trials opened in 2015**
- ❖ 187,600 patients in databases, > 24,000 patients in follow-up
- ❖ 21 groups/task forces, 632 institutions & 125 collaborators
- ❖ 180 members in the HQ staff
- ❖ 442 publications in 2012-2014
- ❖ 34 different countries

## 2. EORTC Patient involvement – Review

### 2011

- Patient project concept
- Contact data base, www links, exchange of newsletters...
- Establishment of contacts with some patient organizations
  - Cancer specific: sarcoma, brain cancer  
(pilot random reviews of patient information, participation in group meetings)

### 2012

- Pilot reviews of Patient Information Sheets in UK and FR
- Patient member at EORTC International Review Board
- Exchange of speakers at conferences
- Joined EU projects: EUPATI

### 2014

- Biannual patient course (cancer clinical research): 2014 & 2016 -> 2018
- Review of patient information extended to protocols (19 reviews performed)
- Ad hoc* participation in trial steering committees (e.g. SPECTAs - Screening Patients for Efficient Clinical Trial Access)

### 2016

- Review of trial concepts (5 concepts reviewed)
- Composition of patient panel – providing strategic advice

## 2. EORTC Patient involvement –Review

### Future Plans:

#### 2017-2018

- Consolidate existing reviews, interactions & partnerships
- Optimize processes in place & increase communication and feed-back
- Extend project reviews to full protocols (feasibility perspective)
- Organize presentations for staff by patient advocates
- Continue to align with a wide range of patient advocacy groups



EUROPEAN  
**CANCER**  
**PATIENT**  
COALITION





## 2. EORTC - Key challenges for international & multi-cancer research

- Patient organisations
- Representativeness
- Expertise
- Availability, reliability and timelines
- Communication
- Reward / retribution
- Expectations & estimation of added value



## 2. EORTC – Challenges of Working with Patient Organisations

### Challenges:

- Mission -> lobbying versus research
- Number -> EORTC database > 60 organizations
- Focus area -> sub-type
- Geographic coverage -> few are international
- Capacity & infrastructure - ad hoc support versus funded support



## 2. EORTC Challenges - Ensuring Representativeness

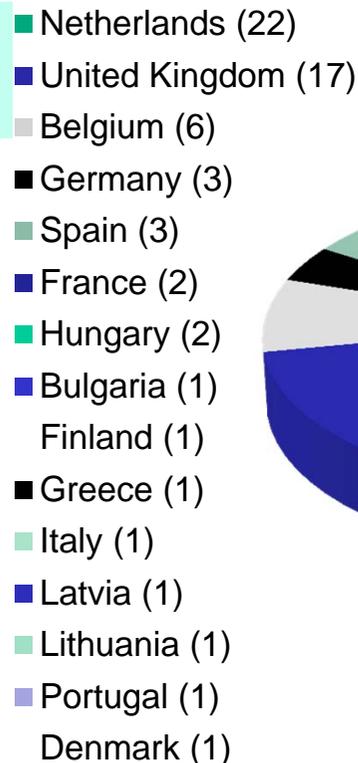
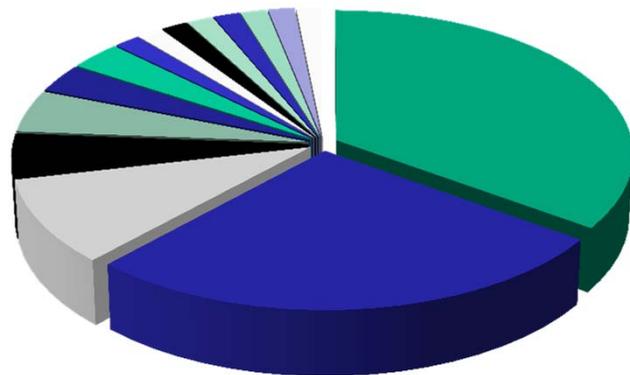
- ❑ Patient advocates versus patients & patient carers
  - ❖ **Consideration of the lived experience**
- ❑ Patient organisations can be driven by doctors
- ❑ Accessing the seldom heard (“*Hard to reach*”)
- ❑ Patient activist / expert versus average patient
- ❑ “Usual suspects” & fair distribution of diseases and cultures

Patient Public “**Contributors**” rather than “**Representatives**”

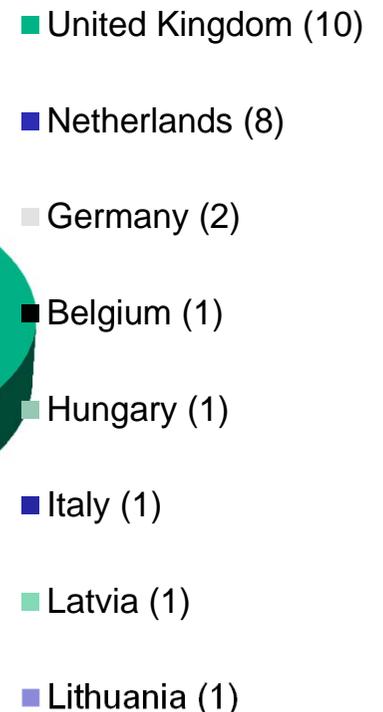
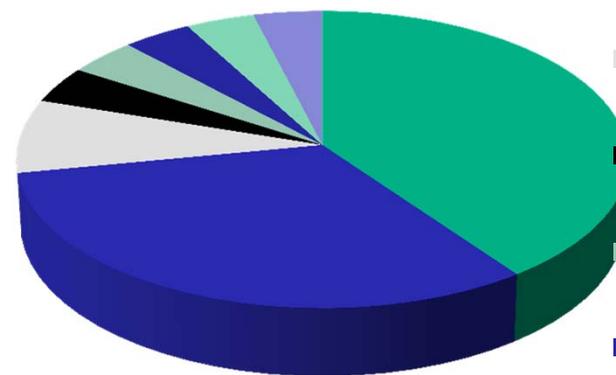
## 2. EORTC Challenges - Accessing PPI Expertise

- Highly heterogeneous review outcomes
- Expertise / activists concentrated within countries with longer history of advocacy and more support available (UK, NL)
- Language barriers & variable IT skills
- EORTC experience is that very few feel comfortable with concept reviews

Volunteered reviewers at start:  
n=63



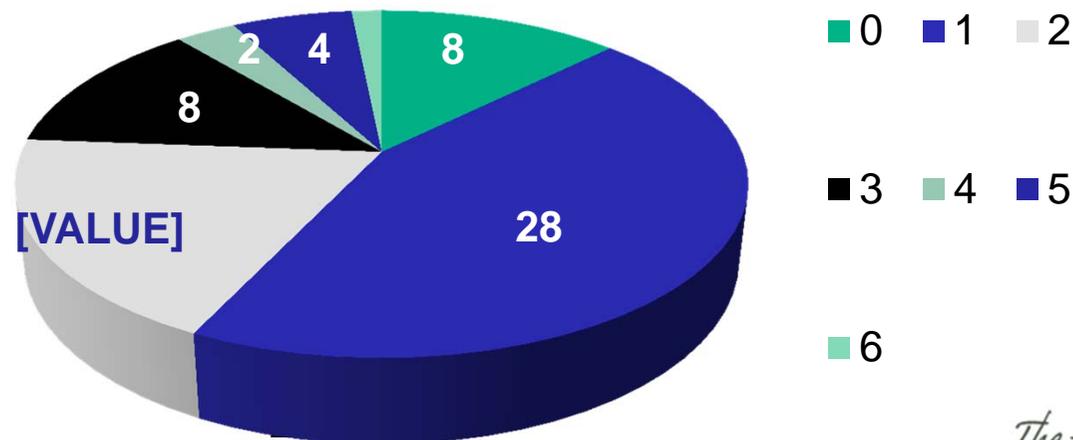
Active reviewers:  
n=25/56\*



## 2. EORTC Challenges: Availability, reliability & timelines

- ❑ **Projects unequally distributed in the year**
  - rush times prior to summer and X-mas
- ❑ **Unequal number of projects per cancer type**
- ❑ **EORTC review timelines: max 4 weeks**
  - 2-3 weeks left for reviewers
  - 2 step process

Frequency of contact per reviewer



## 2. EORTC – Challenges in Communication

### ❑ Different communication style

high rate of “no reply”

some may not check their inbox regularly, fail to display “out of office”...

change in e-mail without any way to have the new one

remote communication is probably not the best option -> F2F work better  
(?funding and timelines...)

### ❑ Requires involvement of specifically instructed staff

lay language communication

frequently communication via private phone/mail

probability of recurrence / illness episodes

### ❑ Interface between highly specialized community & benevolent contributors



## 2. EORTC - Reward/retribution

- Refund of travel and expenses (if F2F)
- EORTC believes honorarium is not appropriate as it may create conflicts of interests or other types of bias
- Other types of reward:
  - Acknowledgement? Some would prefer not to be named...
  - Recommendations in the scope of patient advocacy work?
  - Privileged access to courses and events?
  - Regular feed-back?
- How to keep reviewers motivated?



## 2. EORTC -Expectations & added value

- ❑ **Need to clearly scope expectations**
  - introductory documents for reviewers
  - review form is an asset
  
- ❑ **Is patient involvement expected to be scalable to become part of SOPs subject to audit and inspection?**
  
- ❑ **What shall constitute a relevant comment / contribution?**
  - relevant & pertinent remark?
  - are “out of scope” comments of the most value?
  
- ❑ **Can we measure added value?**



## EORTC - Take home messages

- Mutual learning curve -> valuable to exchange experiences**
- Patient voice – new type of stakeholders**
- Need to have more consensus on which kind of review for which purpose and by whom...**
- Core funding makes all the difference**

## 2. Conclusions of EORTC

- ❑ EORTC Committed to Patient –Centric approach
- ❑ Developing a full spectrum of patient involvement at EORTC
- ❑ Challenges being overcome to increase impact





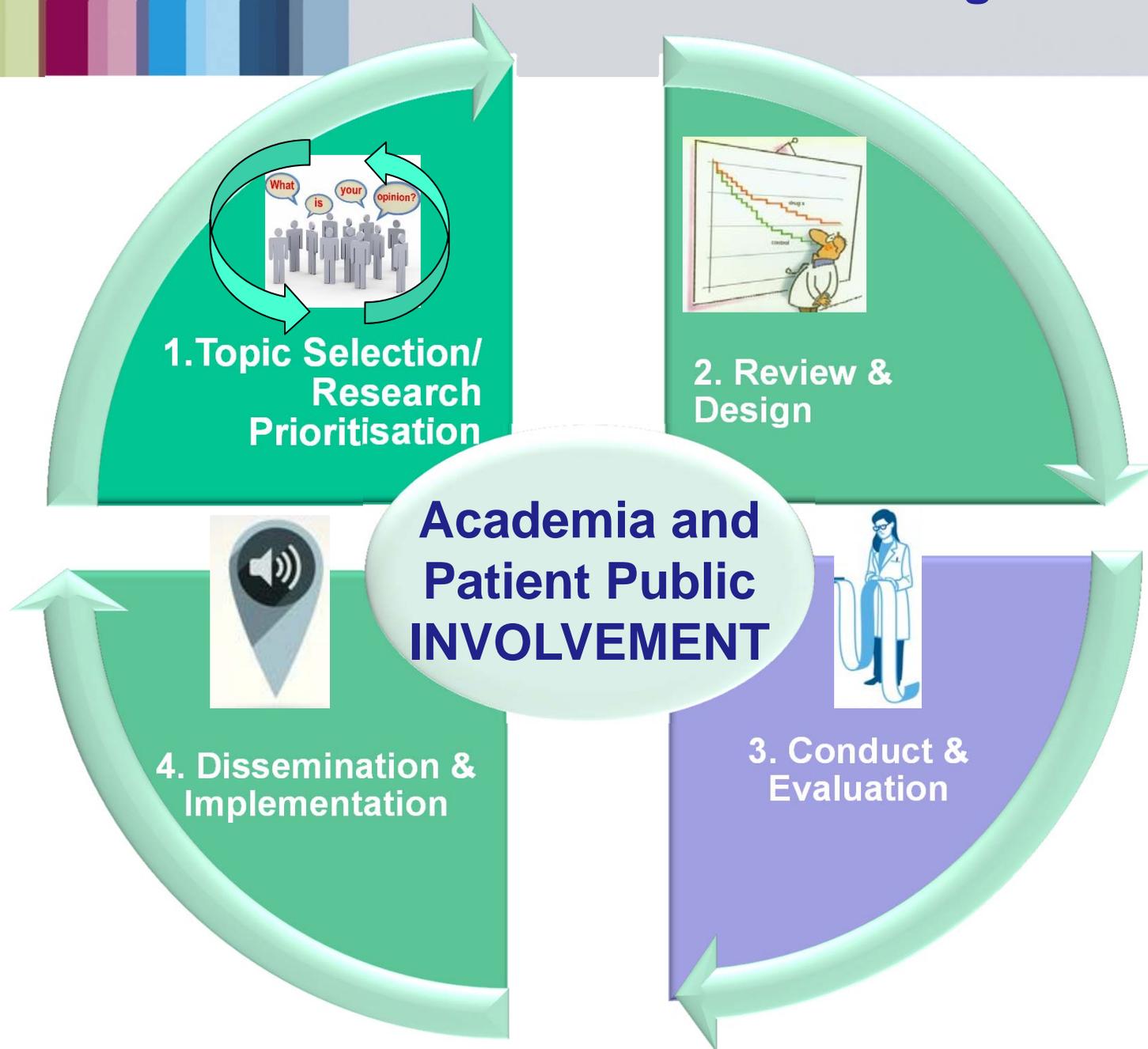
## All UK Government Funded Clinical Research Expects/Mandates PPI

### EUPATI-UK Aligns to National Commitment to Effective PPI:

*No research about us without us –  
Patients at the core of medicines R&D*

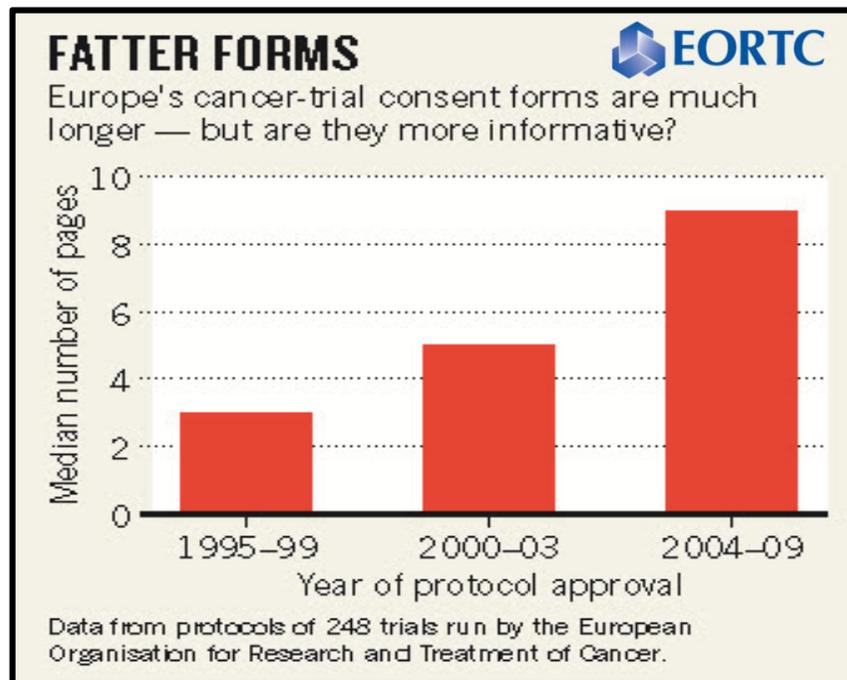
- ❑ To empower patients and the public to be effective advocates, advisors and contributors in medicines R&D.
- ❑ To deliver effective PPI within medicines research (including medical innovation in preclinical and clinical research) to enable the delivery of patient-centered health research and development in the UK

# UK Demonstrator of Meaningful Involvement



### 3. Academics working to improve the trial conduct – Informed Consent

- Survey of information sheets for cancer trials, by the European Organisation for Research & Treatment of Cancer



**What do Patients think?**  
*'Lengthy, complicated documents leave many clinical-trial participants in the dark about the risks they face.'*

*D Cressey. Nature 2012; 482: 16.*

### 3. Academics working to improve the trial conduct – Informed Consent

Do (potential) participants really understand what they're agreeing to?

❑ **Consent:**

- Important information not stated & patient understanding not checked (*Jenkins et al 1999*)

❑ **Information sheets:**

- Written at the 'college graduate' level (*Paasche-Orlow et al 2003*)
- Understanding particularly poor in older and less educated patients (*Sugarman et al 1998*)
- Risks and benefits not understood well (*Cox et al 2006*)



"Personally, I wouldn't have signed it."





### 3. Academics working to improve the trial conduct – Informed Consent

#### The Importance of Health Literacy

- ❑ Moser report (*Department of Education, 1999*):
  - 1 in 5 UK adults not “functionally literate“
  
- ❑ 1958 national birth cohort study (*Bynner & Parsons, 1997*):
  - At age 37, 13% have “low literacy“ and
  - An additional 6% have “very low literacy“
  
- ❑ Is information a tool to narrow or widen health inequalities?

# Lessons learnt from the TGN1412 Patient Information Leaflet

## ❑ TGN1412 Patient Information Sheet

- Phase 1 trial of human monoclonal antibody
- 6 healthy volunteers catastrophic multi-organ failure
- Sheet obtained from the web

## ❑ 11 pages

- >5,500 words
- ❑ **Difficult language**
  - A Phase-I, Single-Centre, Double-Blind, Randomised, Placebo Controlled, Single Escalating-Dose Study To Assess The Safety, Pharmacokinetics, Pharmacodynamics And Immunogenicity Of QDG1234 Administered Intravenously To Healthy Volunteers
- ❑ **Poorly presented**
  - pharmacokinetics, immunogenicity
  - (A first-in-man study to investigate the effects in healthy male volunteers of single doses of a new drug for the potential treatment of various inflammatory diseases.)
- Lack of useful headings

Protocol Number: QDG1234-YZ

ONEMEDICA Project Number: 76543

INFORMATION SHEET

A Phase-I, Single-Centre, Double-Blind, Randomised, Placebo Controlled, Single Escalating-Dose Study To Assess The Safety, Pharmacokinetics, Pharmacodynamics And Immunogenicity Of

QDG1234 Administered Intravenously To Healthy Volunteers

(A first-in-man study to investigate the effects in healthy male volunteers of single doses of a new drug for the potential treatment of various inflammatory diseases.)

If you are thinking about taking part in research, you should be allowed to take part if it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

Consumers for Ethics in Research (CERES) publish a leaflet entitled "Medical Research and

You will be required to attend the unit for two screening visits and one treatment period lasting for 3 nights. You will then be required to attend the unit for out-patient visits on Days 4, 5, 6, 8, 10, 12, 15, 18, 22, 29 and 36, with final assessments taking place at the

Version: 08 Final  
Date: 09 December 2007

Page 1 of 11

# 3. Academics working with patients to improve the trial conduct – Informed Consent

## ORIGINAL

Newland Hill   
NHS Foundation Trust

Newland Hill NHS Foundation trust,  
Assisted Conception Unit,  
Newland Hill Hospital,  
London, NW16 7BJ.  
Tel 01234 149688  
Fax 01234 149655

### Poor Responders Intervention Trial

#### PARTICIPANT INFORMATION SHEET

You are being invited to take part in a research study. Before you make your decision, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully. You may want to talk to others about the study before taking part.

**Part 1** tells you the purpose of this study and what will happen to you if you take part.

**Part 2** gives you more detailed information about the conduct of the study.

Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

#### Part 1

##### What is the purpose of the study?

There are three commonly used regimens used to suppress the pituitary hormones during In Vitro Fertilisation (IVF). The purpose of this research is to find out which of these is the most effective for women who have shown a poor response in their previous treatment cycle(s). There is currently no evidence to say which gives the best outcome.

It is necessary during IVF treatment to control the reproductive cycle. In order to do this drugs are used to suppress the reproductive hormones released by the pituitary gland in the brain. These hormones are the Follicle Stimulating Hormone (FSH) and the Luteinising Hormone (LH). Both these hormones are stimulated by the Gonadotrophin Releasing Hormone (GnRH).

There are two types of drugs which suppress the pituitary hormones. The first is a GnRH agonist, called Nafarelin. An agonist is a drug which mimics the action of a naturally occurring substance in the body. Nafarelin activates the pituitary just like the GnRH in the body, but while the GnRH triggers the release of hormones by repeated on/off pulses, Nafarelin in IVF treatment delivers a long, sustained burst which keeps the pituitary in the 'off' mode.

The second drug is a GnRH antagonist, called Cetrorelix. An antagonist is a drug which opposes the action of a naturally occurring substance in the body. In this way, Cetrorelix prevents the release of pituitary hormones.

Date Created 05/12/06 Review Date 05/12/07 Version no 2  
Poor Responders revised 2 Author: SK Stoke Authorised: Y. Prestwich Page 1 of 7

## RE-DESIGNED

Participant Information Sheet

Newland Hill   
NHS Foundation Trust

# Study of IVF Treatments for Women where Previous IVF has not been Successful

## We invite you to take part in a research study.

- Before you decide whether to take part, it is important for you to understand why the research is being done and what it will involve.
- Please take time to read the following information carefully. Discuss it with friends and relatives if you wish.
- You are free to decide whether or not to take part in this trial. If you choose not to take part, this will not affect the care you get from your own doctors.
- Ask us if there is anything that is not clear or if you would like more information.

## Important things that you need to know

- We want to find the best way to treat women who have not responded well to previous IVF.
- We are testing the use of two different medicines as part of IVF treatment, which are Nafarelin and Cetrorelix.
- Nafarelin can be used in two different ways, so the study has three different groups or treatment options.
- One medicine used in the study can cause side-effects, but they are short lived.
- This study fits into your normal treatment, so there are no extra clinic visits or scans.
- You do not have to pay for Nafarelin or Cetrorelix, but the other medicines used in IVF may have to be paid for.
- You can stop taking part in the study at any time.

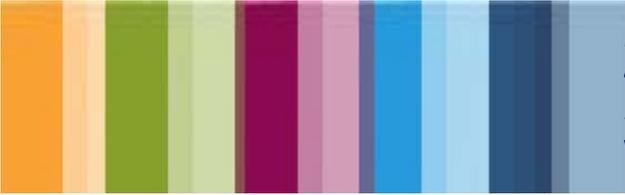
Courtesy of Dr Peter Knapp  
University of York  
peter.knapp@york.ac.uk

## Contents

- 1 Why are we doing this study?
- 2 What do I need to know about the medicines used in this study?
- 3 Why am I being asked to take part?
- 4 What will I need to do if I take part?
- 5 Possible side effects
- 6 More information about taking part
- 7 How to contact us

## How to contact us

If you have any questions about this study, please talk to the doctors who organise it: Dr Stoke or Mr Prestwich on **01234 149 688**.

- 
- 2. Review & Design
  - 3. Conduct & Evaluation



**Academic & Clinical Research**



# Could you help dental Research?



Your views are important to us  
and would help shape our future research.

We really want to hear from you if you have opinions or  
experiences of oral or dental health issues (perhaps as a  
patient, family member, or carer) and could assist us by  
joining the Leeds Oral Health Patient and Public  
Involvement Group

PLEASE CONTACT

For more information and enquires:-

Jenny Boards  
School of Dentistry  
Telephone: 0113 3436197  
Email: [dentcru@leeds.ac.uk](mailto:dentcru@leeds.ac.uk)

## SMILE AIDER

Stakeholder Meaningful Involvement & Engagement  
Aiding Dental Research



# SMILE AIDER

Stakeholder Meaningful Involvement & Engagement  
Aiding Dental Research

**What you can expect if you join the SMILE AIDER group?**

As a member of SMILE AIDER you can help ensure our research is:

- Patient-centred research
- Address topics of interest to patients
- Is patient-friendly to those taking part in studies
- Will maximise patient benefits and improve NHS treatment & care

# SMILE AIDERS PPI FORUM

## Diverse, inclusive & informed



### The EUPATI Toolbox on Medicines Research and Development is LIVE!





**All Academic Clinical Dental Research in Leeds is  
Reviewed by the SMILE AIDER PPI Forum**  
Ensures research has patient relevance and asks the right question



## Questions asked in Designing a Clinical Study

**Why?**

**When?**

**How?**



# What do patients think?

Are we asking the right question to improve the health and quality of life for patients?

- 2. Review & Design
- 3. Conduct & Evaluation & 4. Dissemination

## SMILE AIDER PPI Forum

### Achieving effective PPI in Dental Research



- All Clinical Research is reviewed by PPI Forum
  - Early Concept, Grant applications, Protocols
- They input to research questions and design
- Review operations/ & logistics
- Join the trial steering committee for further input to conduct & evaluation
  - Patient literature & ethics submission
- Support innovation in dissemination



2. Review & Design

3. Conduct & Evaluation & 4. Dissemination

## **SMILE AIDER: Achieving effective PPI in Dental Research**

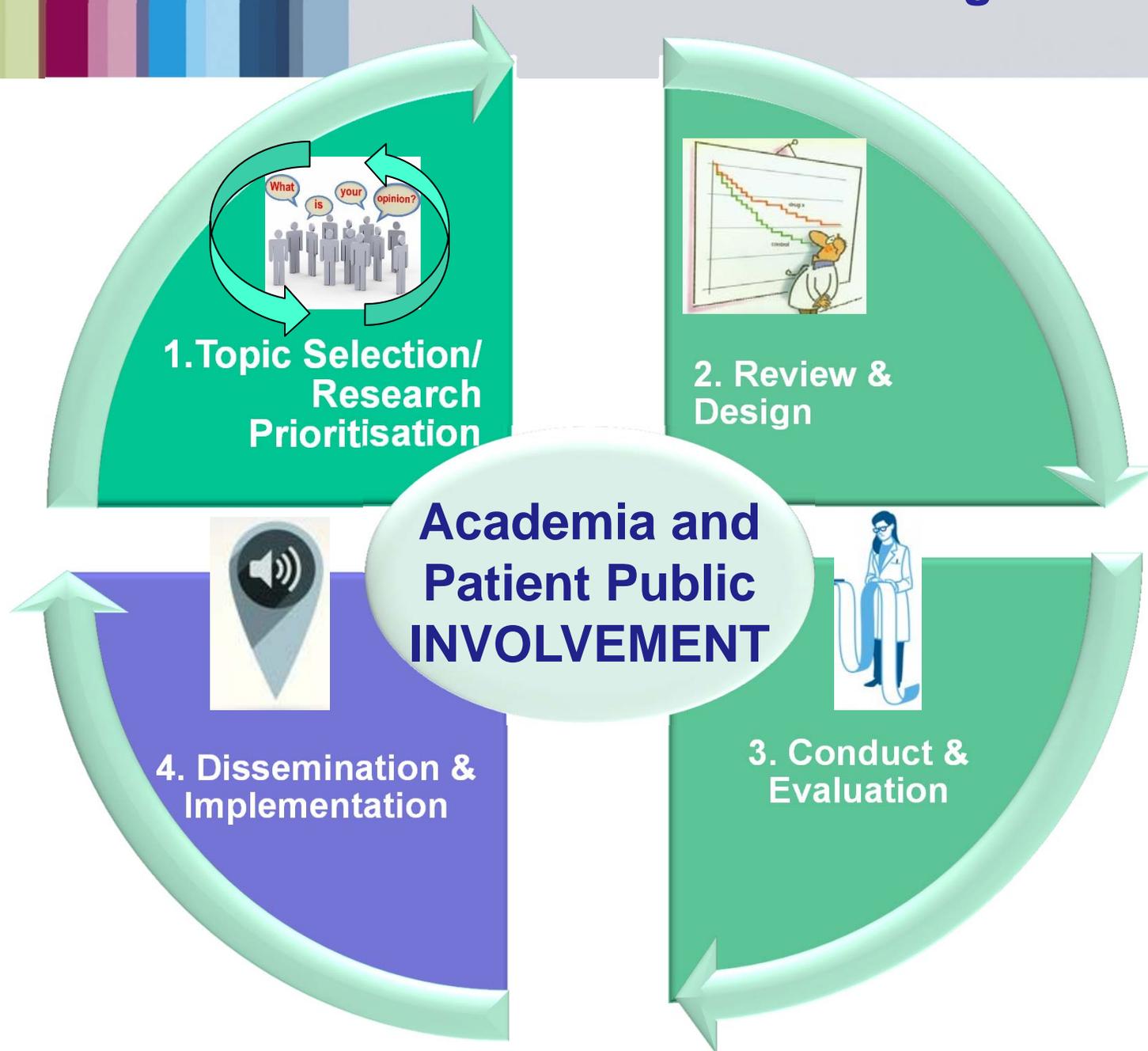
**User involvement achieved across the research cycle ensures:**

- different perspectives heard**
- research priorities identified by clinicians are also important and relevant to their patients**
- outcomes that are important to patients are measured**
- improved research design**
- improved trial logistics**
- access to patients - via peer networks**
- access 'seldom heard' [hard-to-reach] patient groups**
- effective dissemination**



**Improved research that addresses: patient needs, achieves recruitment & retention, delivers to target & maximises patient benefit**

# UK Demonstrator of Meaningful Involvement





UNIVERSITY OF LEEDS

# The COHESION Pilot

Collaborative Hub 4 Engagement across arts and Science to aid Impact and Dissemination.

don't  
smile  
by Judith Johnson



tod  
THEATRE OF  
DEBATE  
UNIVERSITY OF LEEDS



Professor Sue Pavitt.  
Dr Peter Day & SMILE  
AIDERS PPI Forum  
School of Dentistry

Nigel Townsend &  
Judith Johnstone  
Theatre of Debate

Professor Alice O'Grady &  
Dr Rebecca Collins  
School of Performance &  
Cultural Industries

David Cooper & Pupils  
Batley Girls' High  
School

# Don't Smile - A Love Story with a Dental Theme!

Using Theatre and Debate to Disseminate Research To At-Risk Seldom-Heard Adolescents in Areas of Social Deprivation and High Oral Health Inequality.

Sue H. Pavitt<sup>1</sup>, Jenny Boards<sup>1</sup>, Peter F. Day<sup>1</sup>, Alice O'Grady<sup>2</sup>, Rebecca Collins<sup>2</sup>, Nigel Townsend<sup>2</sup>, Jonathan Barber<sup>1</sup>, Sophy Barber<sup>1</sup>, Kate Kenny<sup>1</sup>, Jenny Owen<sup>1</sup>, Wendy Thompson<sup>1</sup>, Kara Gray-Burrows<sup>1</sup>, Timothy Zoltie<sup>1</sup>, Ben Douglas<sup>1</sup>, Katie Maddison<sup>2</sup>, Harry Duff-Walker<sup>2</sup>, Katie Mahon<sup>2</sup>, Lily Craig<sup>2</sup>, David Cooper<sup>2</sup>, Ariba Syeda<sup>1</sup>, Humairaah Wazah<sup>1</sup> and SMILE AIDER PPI Forum<sup>1</sup>

1. School of Dentistry, University of Leeds, Leeds, LS2 9LU UK
2. School of Performance & Cultural Industries, University of Leeds
3. Theatre of Debate, London, UK
4. Batley Girls' High School, Windmill Lane, Batley, WF17 0LD

## Health Need:

In Yorkshire, 45% of 12-year-olds have rotten teeth resulting in pain, lost schooling and low self-esteem; it is correlated with social/health inequality. Whilst largely preventable, reaching those most vulnerable in deprived areas is challenging. Disadvantaged teenagers intrinsically don't like to be told what to do.

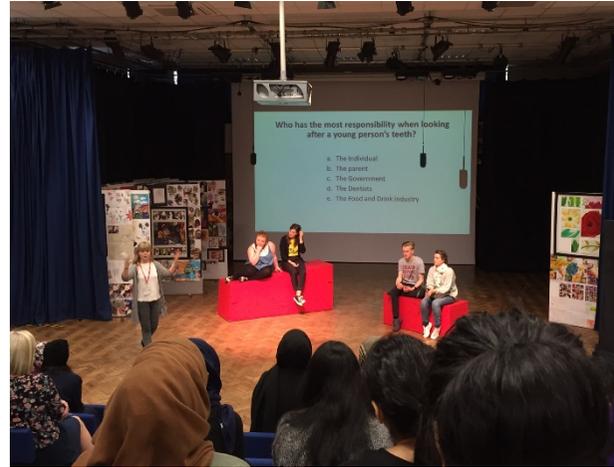
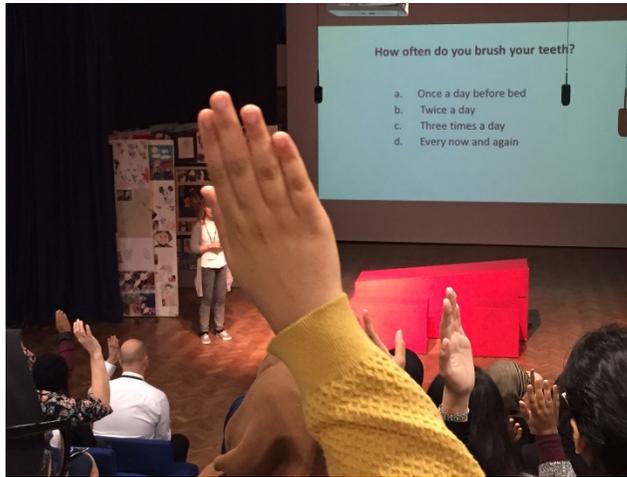
## Purpose:

*Don't Smile* was inspired to test if using theatre might impart knowledge non-judgmentally, allow debate and improve oral health awareness in at risk adolescents.



# Academia Driving Innovation

## Don't Smile - Results



- ❖ TOD Facilitator initiated a poll relating to oral health awareness and opinions of the school pupils
- ❖ Following the play she revisited for a change in response
- ❖ Facilitated a debate between the audience and the actors in character providing opportunity for the audience to ask questions about the research.



# Results

## **REACH: audiences of vulnerable teenagers from areas of worst oral health inequalities**

Questionnaire were completed and analysed:

- The embedded oral health message 'dealing with dental trauma' was understood by 100% audiences.
- The play rated excellent/ very good with 95.5% saying they would like to see more plays on aspects of oral health/dentistry.



## Category: Engaging with Young People

Engaging with Young People Category

And the winner is...

### **“COHESION Pilot”**

The judges said:

*“This project exemplified the essence of excellence in public engagement –sensitivity about who they wanted to engage with; a commitment to reflection and learning; and a profound impact both the community and on the research: best of all, the involvement of the young people shone through.”*

# The NCCPE Award Ceremony

NCCPE  
Engage Competition 2016  
Celebrating Excellence



# Levels of Involvement



Increasing empowerment of PPI contributors within the research process

# Unexpected Outcome: User-led research

**RAISED in Yorkshire: Research Activity In Schools Evaluating Dental health**



**RAISED in Yorkshire: RiY Student Research Fellows**

# UK Seldom Heard – User Led Research



## □ Oral Health Behaviour

1. What Oral hygiene projects are bring used in the home
  - Shared brushes, electric vs manual, floss, toothpaste, mouth rinse
2. How do pupils brush their teeth
  - How much tooth paste – a pea size or a strip along the brush
  - Spit or rinse on completion

## □ Oral Health Surveys

3. Dental Health Survey
4. Anxiety

# DELIVERY OF PATIENT CENTRIC RESEARCH

Building effective Partnerships



**Innovation & Evidence-based Approach**  
**Academia**

# EUPATI-UK – True Tri-partite partnership Learning to embrace its wonderful fellows

