



*Liberté • Égalité • Fraternité*  
RÉPUBLIQUE FRANÇAISE

Ministère de la santé, de la  
jeunesse et des sports

# Informed consent for incapacitated patients and in emergency situations

F Lemaire  
EUPATI webinar 21 03 2016

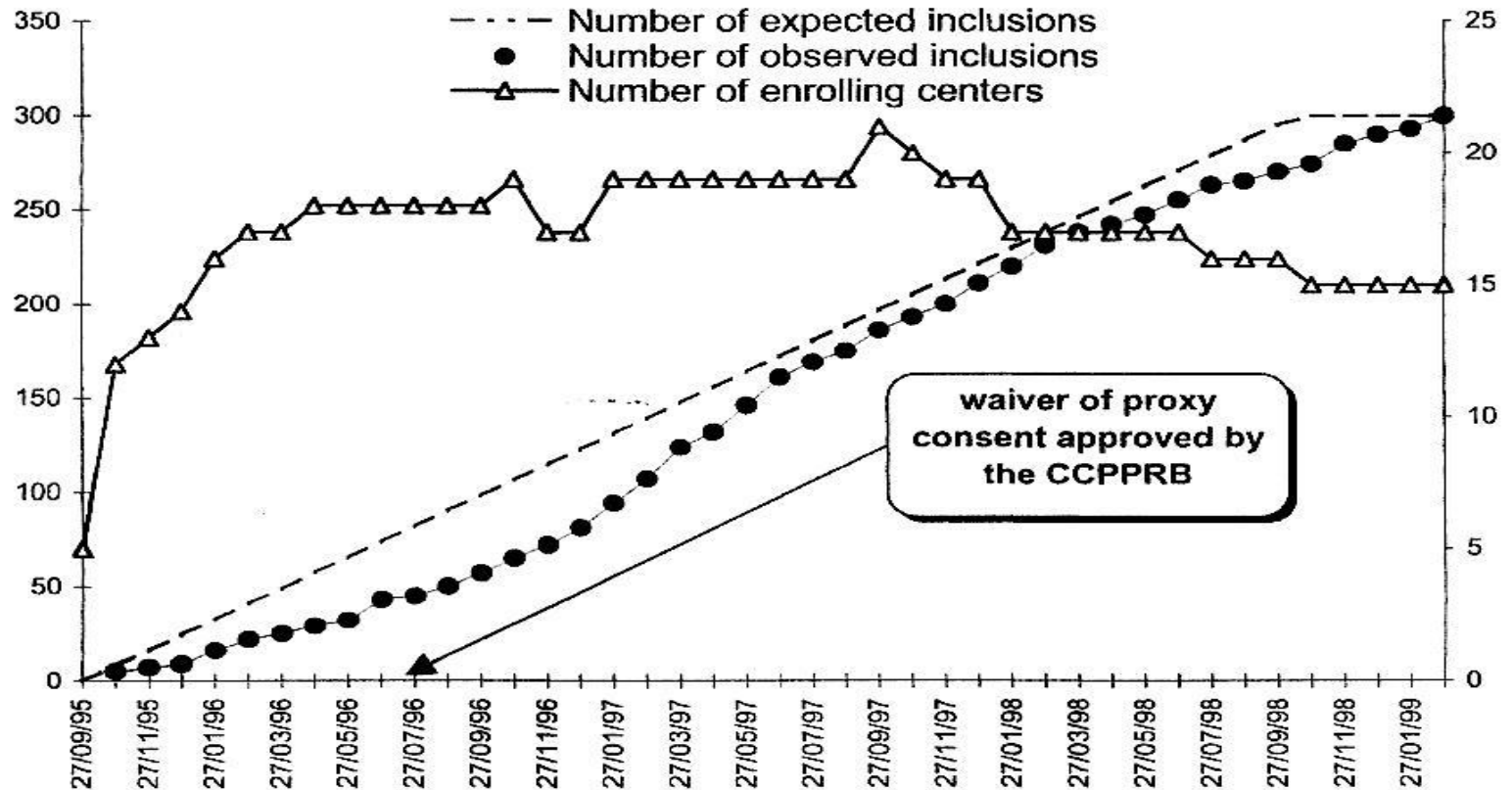
# **Informed consent for incapacitated patients and in emergency situations under EU 536/2014**

- 1. After Nuremberg, consent became the cornerstone of societal acceptance of research (“experimentation”) on persons (ethics + legislation)**
- 2. But, when persons are unable to consent for themselves (coma, emergency) ... no research ?**
- 3. Necessary compromises:**
  - consent given by surrogates, or no consent at all**
  - level of risk?**
  - notion of direct benefit ?**
- 4. The counterpart being that security of participants has to be reinforced +++.**

# Informed consent for incapacitated patients and in emergency situations under EU 536/2014

D Annane et al Intensive Care Medicine 2004

323



# Informed consent for incapacitated patients under EU 536/2014 (1)

## Scenario 1

A 30yrs patient has an infectious disease (viral) with encephalopathy; he has a mild coma, doesn't answer to questions. A new anti-viral agent is being tested. The patient himself cannot consent. How research could be done ?

### 1. Basic conditions:

- The subject has not previously opposed the trial
- No national rule prohibiting such trial
- **Informed consent** from the “legal representative”  
defined by national laws
- Whenever possible, an only partially incapacitated subject should take part in the consenting process

# Informed consent for incapacitated patients under EU 536/2014 (2)

## 3. Others

- No financial inducement
- The trial cannot be performed in persons able to consent
- Trial relates to the medical condition the subject suffers from

## 4. The problem of the **risk/benefit ratio**

Participation in the trial is expected to produce :

- A direct (individual) benefit higher than risks involved
- If not, necessity of a “group benefit”
  - In that case, the trial poses only a minimal risk (by comparison to standard treatment)

# Informed consent in emergency situations under EU 536/2014 (1)

## Scenario 2

A 60yrs man suffers from an acute cerebral stroke when walking in the street. The emergency ambulance drives him to the nearest hospital. There, a clinical trial testing a new fibrinolytic agent is on going. The new drug (or placebo) has to be delivered within the first 2 hours. The patient cannot consent (deep coma).

What if no family is around?

**A clinical trial can be started in emergency without informed consent if :**

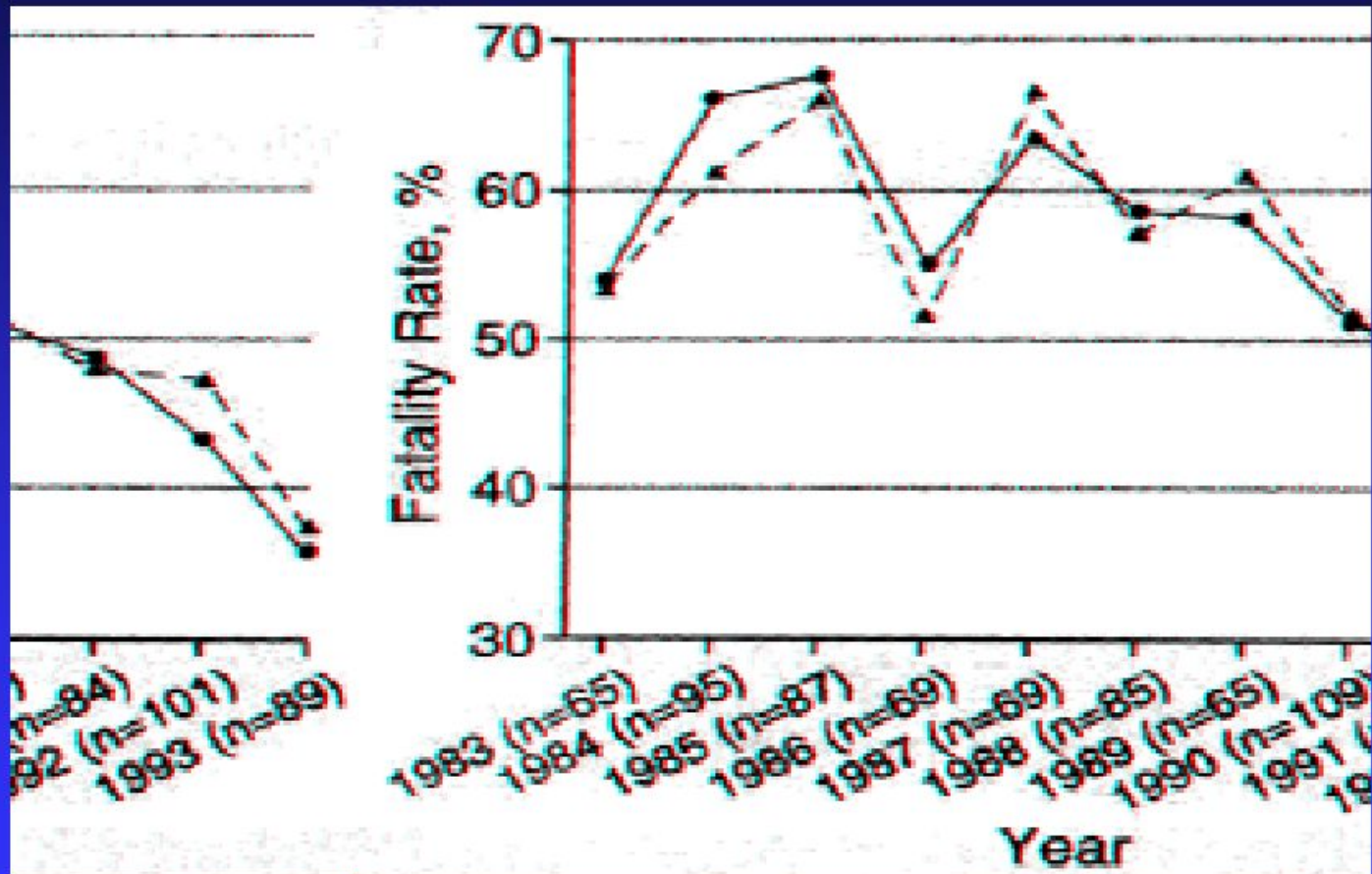
- 1. The subject cannot consent due to a sudden life-threatening medical condition,**
- 2. There is a reasonable expectation of a direct benefit**
- 3. The legally representative is not available “within the therapeutic window”**

# **Informed consent in emergency situations under EU 536/2014 (2)**

- 4. The investigator is not aware of any patient's objection**
- 5. The trial relates to the condition which makes consent impossible; primary disease or... sedation ??**
- 6. Minimal risk in comparison with the standard treatment**
- 7. Continuation of the trial : consent should be asked to:**
  - 1. Patient himself, if he regains consciousness**
  - 2. Or legal representative, if he comes sooner**

**If consent for continuation of trial is denied, data collected before refusal can be used by the investigator if there is no objection.**

# ARDS outcome



Milberg et al. 1995 JAMA



# Informed consent for clinical trials under EU 536/2014

## Basic rules concerning information and consent

### Art 28

- Data protection according to Directive 95/45/EC (currently under revision)
- Pain, discomfort, fear...are minimized as possible
- Medical care is guaranteed by qualified physician(s)
- Any subject may withdraw from the trial at any time

### Article 29

- Consent is written and signed
- After completion of the trial, a summary (understandable to laypersons) of results will be posted in the EMA database in open access